

Process to Volunteering with Regeneration

Regular Volunteer (weekly, bi-weekly or monthly):

Step 1: Attend a volunteer orientation session held on the 2nd Wednesday of each month at 7pm. Here you will learn more about who we are, who we serve, and the many ways you can get involved. The orientation will give you some history about Regeneration as well as some of our future hopes and dreams. At this time, you will be given a tour of our facility, and direction on where to go when you come to volunteer. You will receive your volunteer package which includes volunteer forms, a police record check form (covered by Regeneration), and a short accessibility test.

Step 2: Fill out the forms and get your police record check. [\[Please find Volunteer forms and Police Record Check forms attached\]](#)

Step 3: Drop off your completed forms and police record check to Angela at Regeneration.

Step 4: After your application has been reviewed, Angela will connect with you to go over your application and talk about your availability and start date.

Individual Volunteers: We have many volunteers from all walks of life. We have people who are retired, working, in school, temporarily out of work, stay at home parents, and new comers to Canada; all giving back to help make Brampton a better place.

Short term Volunteer (occasionally): Short term volunteers come to serve at Regeneration in 3 ways; through a community service order, community service hours (through school), and as a group through a church or business. [\[Please find Short term application attached\]](#).

Step 1: Connect with Angela by phone or email to set up a day to volunteer. If you are coming as a group (Church or business), the group leader or contact person will be given the information and forms to pass on to the other volunteers.

Step 2: Confirm a date and you will be given a group sign in code.

Step 3: Make sure each volunteer has a copy of the form and kitchen dress code.

Step 4: When you arrive for your volunteer shift, please sign in with the group code, and give all volunteer forms to staff.

Note: If you are a Church or Business, who would like to serve as a group more than occasionally (once a month or more), we strongly recommend you send the group leader to an orientation. We look to equip our volunteers so we can best serve those who are vulnerable.

Community Service Order Volunteers: We have many people come to Regeneration to complete their community service hours ordered by the court, or through a diversion program (ie. Elizabeth Fry, or Associated Youth Services Peel). These volunteers who find themselves in

trouble with the law have the opportunity to give back to their community and build meaningful relationships with staff, volunteers and guests.

Community Hours for School: A number of students who come through the retreat program will continue to serve with us on weekends, or during the summer to complete their community hours needed to graduate High school. Summer is a great time to give our regular volunteers a break, and allow for students to get their 40 volunteer hours.

Churches: We have a number of churches committed to serving monthly, bi-monthly or even annually to help make what we do possible. Whether it be a youth group, young adult group or a small group, we are gifted with this opportunity to be the hands and feet of Christ together.

Businesses: We have several businesses committed to serving annually to give back to their community. The opportunity for businesses to serve together has created a way to build positive working relationships as the team player bond is strengthened through serving those in need.

Schools: High school classes come through a retreat program to serve lunch, and participate in an interactive program with our guests. This retreat program is a great way to connect the younger generation to an important population in our community. During the retreat program the students will learn about the Regen community, and the reality of poverty in their own community. The lunch is served to our guests “restaurant style”, giving the students a unique opportunity to serve while giving our guests the restaurant experience that not many of them can afford.