



*The heart paintings in this report were painted by our guests and students during our art program*

**Regeneration Outreach Community  
2015 Annual Report  
May 2016**

## Report of the Chair

The last year for Regeneration has been both rewarding and challenging. I think of the positive cash position in which Regeneration finds itself and I think also of the challenges arising out of Ted's health. I think of the establishment of the market garden and I think also of the struggles with other personnel. I think of the amazing dental and chiropractic clinic conducted in association with Kennedy Road Tabernacle and I think of Keith's health.

The ebb and flow of uplifting and then challenging events is clearly a sign that we are a dynamic movement wholly reliant on a loving God. We are organic as individuals, as board members, as staff, and as guests. We find ourselves in relationship with our community, with our guests, with ourselves and of course with God. Indeed, this organism which we call Regeneration Outreach Community pulses with the love of Christ.

I am thankful for the roles that each person plays in this movement. I know that all board members and our guests are especially grateful for the staff with whom we have the privilege of working. We have a good team of persons who are dedicated to their jobs and more importantly hope to glorify God by serving in the manner. To Carol, Jenna, Esther, Angela, and Bruce, on behalf of the Board, I say thank you. To the many volunteers words cannot express our appreciation. To Executive Director, Ted, we are truly appreciative of your leadership.

The Board membership reflects so many faces who have made long term commitments to the Vision and Stated Purpose of Regeneration. Board members are the ears eyes and faces of Regeneration beyond the four walls of our daily activities. They are the keepers of the flame, as it were. Each of you brings perspectives to this ministry which will allow us to go where God leads us. I am thankful for that.

As we look to the future, I know that the Board has expressed great interest in providing housing for some of our guests. Ted's thoughts on this go beyond the provision of shelter to longer term housing in a controlled environment. I would like to strike a special committee to work with Ted and his staff to bring this to fruition. We know this is not a simple task but one which will take a few years, so we might as well get started on it now. ( I have recently made overtures to two municipal councillors and hope to meet with them in the next few weeks.)

Another long term outreach has to do with the provision of health care services, specifically in terms of mental illness issues. We know how necessary the dental and chiropractic clinics were last year. My understanding is that we will see more of those clinics in 2016. So, in addition to these, I would like us to direct our attention to mental illness issues.

In this regard, I have made an indirect contact with the head of psychiatric services for the new Peel Memorial Hospital. To be clear on this, he has the responsibility for establishing community outreach programs. He appears eager to meet with Ted and a Board representative. I am hopeful that Ted and I will be able to meet with him this Spring.

Rod Rice  
May 2016

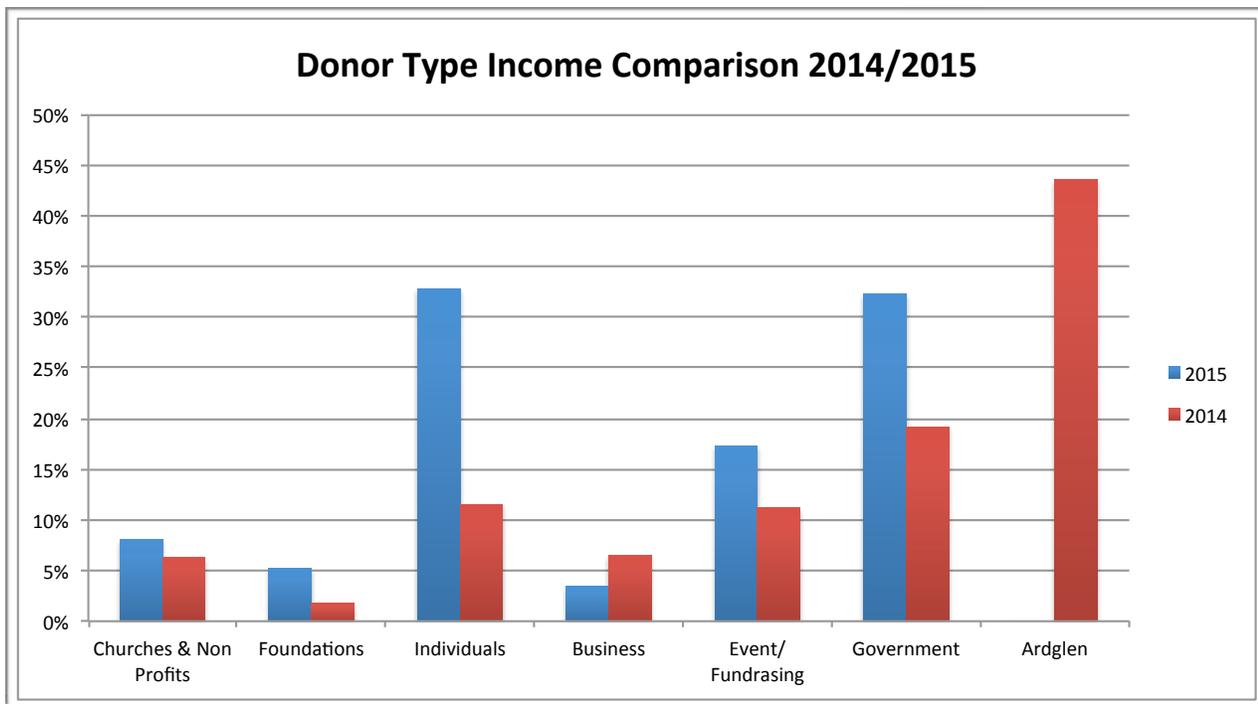
## Report of the Treasurer

The Financial statements for the year ending December 31, 2015 have been audited by the firm of Horn Almand. The Auditors report indicates the statements present fairly the financial position of Regeneration Outreach Community as of December 31, 2015.

In 2015 you will note that our income is almost equal that of 2014. The funds from government grants were surpassed by the generosity of individuals, churches and businesses in the Brampton area through Regeneration's fundraising activities and through general support. We are thankful for this as it has allowed Regeneration to build a reserve fund for sustainability.

Regeneration has been truly blessed with an Executive Director and staff, who work with our less fortunate each day of the year. We look forward to continued support of our donors as Regeneration works to transform lives in our community.

Sue Talsma  
May 2016



## Report of the Executive Director

John Bunyan, the Christian writer and preacher who wrote Pilgrim's Progress, is quoted as saying, "You have not lived today until you have done something for someone who can never repay you."

It is a real privilege to witness Bunyan's statement lived out 365 days a year at Regeneration. Our stated purpose is, "**Regeneration is a caring community that continually strives to provide dignity for those in need, as an expression of Christian love in action.**" Our Board of Directors gives oversight to see that we are true to this calling. Our donors help us to financially carry out the calling. Our volunteers serve faithfully to conduct this calling. Our staff selflessly works to lovingly fulfill the calling. This is all done for those who will never be able to repay.

We are blessed to report that we had 615 volunteers serving 13,443 hours and 1238 students serving 4948 hours as they prepared and served 45,141 meals, distributed over 10,000 articles of clothing, cut hair, worked in our garden and helped in various other areas of need 365 days a year.

The Region of Peel has been an incredible supporter of Regeneration throughout the years. This past year they have supported us through their Community Investment Program as well as Homelessness Partnering Strategy. I am also very grateful to the Ontario Trillium Foundation and their support over the last five years. We are also incredibly thankful to every church, business, foundation and individual that supports our ongoing work.

There were many highlights throughout the year and this report features some of them in more detail. The garden and the dental programs not only benefited our guests with food and care but many were also engaged as volunteers. The chiropractic care that happens every Friday is benefitting our guests' ongoing physical care.

We have experienced growth in retreat programs that benefit both our guests and high school students. Our gift in kind has also seen tremendous growth. Our partnership with Peel Regional Police and particularly their downtown beat officers continues to help Regen be a safe place and helps to build relationships with our guests.

We also continue to learn many lessons from those we serve. Each person has a story to share. We are honoured to become part of each one's journey.

I would also like to personally thank our staff. I am so incredibly thankful to each one of them as they have "stepped up to the plate" in amazing ways as I have faced health issues around my heart. Rod's report mentions them by name. They have collectively worked together to strengthen Regeneration.

As we look at the years ahead, I believe that we are positioned to explore new opportunities around housing, social enterprise and micro loans as we help our guests to build a strong and healthy community here in the City of Brampton.

***"So, my dear brothers and sisters, be strong and immovable. Always work enthusiastically for the Lord, for you know that nothing you do for the Lord is ever useless."***

1 Corinthians 15:58

Ted Brown  
May 2016

## The Staff

Regeneration is blessed with an incredible staff. I believe that the picture below shows that being on staff is more than just a job. We donned red long johns to promote our Coldest Night fundraiser. The commitment goes beyond a crazy picture! Carol Gray works tirelessly in the kitchen planning and preparing fantastic meals with volunteers and students. Angela Tenthorey manages all the volunteers and the school retreat programs with dedication. Esther Waweru manages the entire office with finesse (and keeps Ted in line). Bruce Dodds-Hebron does an incredible job as he manages all the gift in kind as well as our fundraising events like Golf Tournament, Ride for Refuge and Coldest Night of the Year. Jenna Dewsbury joined us in early 2016 as our social services worker and is helping our guests to connect to services in such an amazing way. We are also very thankful for Sheila Edwards and her passion to keep Regeneration clean! We are looking forward to Natalie Dlwgoś's (not in picture) return in mid June 2016 as our social worker.

We are also thankful for the ability to have placement students who have served with us and learned from us over the past year. These students have represented the following colleges Humber, Sheridan, Ryerson and Centennial.

We are also very grateful for the year that Ben Schuringa spent with us as an intern. We wish him all the best as he launches forward at McGill University.



## Volunteers

Volunteers are an invaluable part of the work that is accomplished here at Regeneration. If it weren't for the countless volunteers throughout the year, giving of their time and energy, we could not open our doors every morning. Our volunteers are the front line workers who give of themselves without the expectation of anything in return. However, with that said, we recognize the heart behind our volunteers and witness benefits they receive from the gift of giving to others.

We have many volunteers from all walks of life. Some volunteers are giving back to the community in order to reconcile themselves back to their community (Community Service Order), while other young people are volunteering to gain experience to help them get a job. Whatever the reason, our volunteers are chosen for their heart to serve people in need.

Here are a couple volunteers who volunteer on a regular basis.

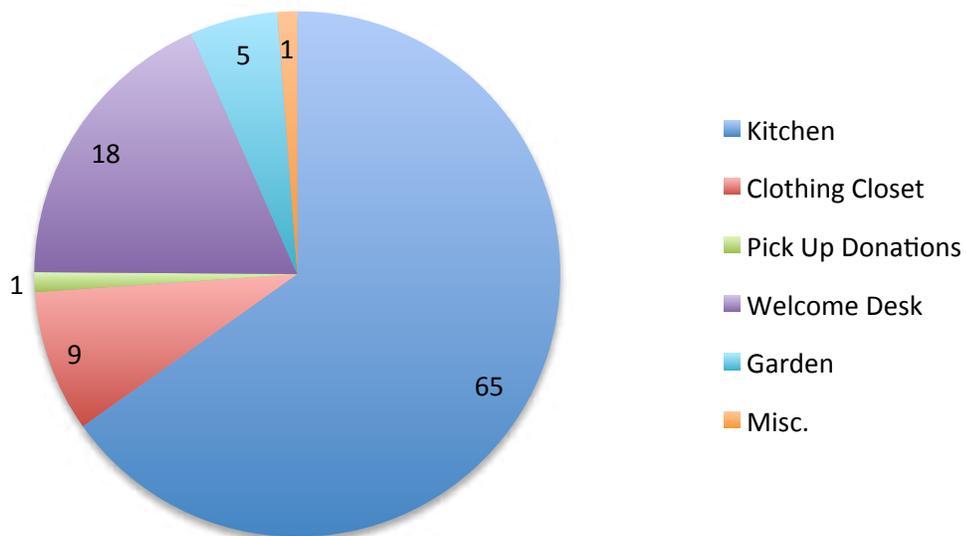
McLeod is a fairly new volunteer at Regeneration. He started coming to Regeneration a couple months ago, but always kept to himself. One day McLeod approached the volunteer coordinator and asked how he can give back to Regeneration. With much excitement McLeod jumped into the kitchen to do dishes. McLeod volunteers almost everyday. When asked why McLeod loves to volunteer, he replied, "I love volunteering for Regeneration because I come here to have breakfast and I want to give back to this place. Regeneration is helping me, so I want to help in any way that I can. Volunteering here feeds my soul. It keeps me busy, and I feel it is very important to give back."



Jody Worth has been volunteering for over a year now, and gives her time every Tuesday in the Clothing Room. Jody is a stay at home mom who is finding more time for herself now that her children are getting older and wanted to start getting involved in her community. When Jody first started volunteering she appeared shy and very laid back. When asked why Jody decided to volunteer here at Regeneration her response was, "I feel God called me to Regeneration. I kept hearing about this place at Church and was looking for areas to get involved and one day I just felt this is where I need to give of my time. I also feel this is one way that I can serve the Lord. I suffer from social anxiety and coming here to help people in need has helped relieve my anxieties. I feel so blessed to be a part of this community!"



**Areas of Volunteering (% of time)**



# HOPE GROWS

A REGENERATION COMMUNITY GARDEN



## Hope Grows – A Regeneration Community Garden



We are very thankful for the use of a plot of land 100 feet by 100 feet at the Rice Business Centre at 190 Bovaird West for our garden. The official start to our season was our May 9th sod turning and work party. Bon Echo Nursery was very generous in helping us with donated manure, plants, seeds, wood chips and cultivation. The City of Brampton donated compost.

We were very blessed to have a number of people (too many to mention) giving leadership in this initial year. Work schedules were established for both Regen visits and help from our volunteers. Volunteers from the community worked along side our guests. In addition, we were able to identify those of our guests who showed more engagement with the garden and deeper relationships have formed as a result of working at this shared project.

The harvest was used in both Regeneration's kitchen and was sold at the Brampton Market with Sandra Vanderwilp's help. We are looking forward to an incredible 2016 season!



## School Retreats



We are very blessed to have a number of schools participating in retreat programs. We had 1238 students serve 4948 hours in 2015. These retreats have several purposes. The most important is to teach about homelessness and poverty here in our Region as well as teaching the students how to serve. It also includes the preparation and serving of a lunch to our guests. Chaplain Patrick Marcolla says, ““Regeneration Brampton is not just a drop-in centre for the poor, the homeless and

others on the margins of society; it is a drop-in for my students dozens of times a year, when we go to serve the poor, be with the poor and recognize our own poverty of spirit. This poverty of spirit demonstrates that we need God in our lives, as much as those who suffer on a socio-economic level. My students spend the day and leave Regeneration recognizing that we can’t do anything without God, and that the heart that meets other hearts is the greatest sign of Jesus at work among us. We are privileged to be a part of the beautiful family at Regeneration Brampton.”

A number of students have commented about their experience. “Regeneration taught me that helping the “less fortunate” is not just outside of Canada. It taught me to really appreciate my life and what I have been blessed with. Regen taught me that anyone can be put in a shaky situation and you shouldn’t judge a book by its cover.”



“I found it really amazing to work with Regen. Just watching the way through which everyone interacted with one another was very eye opening. They treated one another with love, respect, dignity and most importantly they treated each other like family members. Overall, it was a great experience.”

“I enjoyed talking with the people who I sat with to eat, I learned how doing something as small as talking to them can make their day and it ends up making my own day too.



The best part about Regen is being able to talk to people. We never have an opportunity like this and it opens our minds by getting rid of our preconceived notions about people in need. It was an amazing experience.”

## Gift in Kind

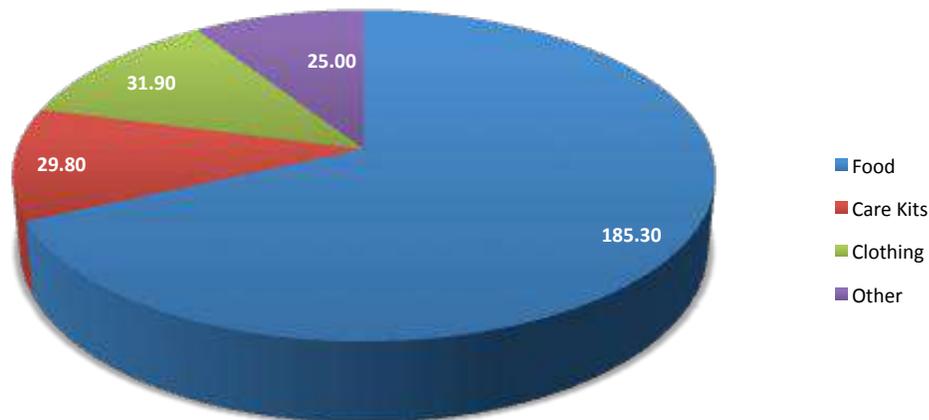
We have had an incredibly blessed year with donated goods - from Cram a Cruiser events to businesses doing personal care item drives to churches holding food drives. We are also thankful for the new clothing received for our clothes closet to truck loads of cereal. The variety of donated product has not only helped us with serving people but we have been able to help a number of agencies and groups who also help the homeless and poor. A number of agencies in the GTA have received clothing and food items from Regeneration out of the bounty that we have received. We started tracking the value of food going to other agencies in late August. We estimate that



we have been able to provide an additional 55,000 meals to families in need. For this we are truly grateful to our partnering donors. We are also very thankful to the partnership that we have with Brampton Minor Hockey and the Gift of Giving Back Food Drive that supports Regeneration, The Salvation Army and FreeStore in the Knightsbridge area.



Gift in Kind Received (\$1000's)



## Dental and Health Clinic

We are very thankful for the partnership that we had with Health Missions Outreach, Kennedy Road Tabernacle and Brampton Christian School to host a dental and health clinic in November. This was made possible due in part to an online fundraising campaign in July with \$10,000 matched by The Bridgeway Foundation.

Regeneration was able to help with the installation of infrastructure for this clinic and future clinics. A number of



our guests were involved in helping to set up and disassemble the clinic. Carol, our chef, catered the meals for the volunteers throughout the weekend.

The dental clinic was a success. Here is a brief report from Dr. Lun Hangfu from the Health Missions Outreach:

“There were 453 charts filled out. About 400 came for various treatments. The total of volunteers for the two clinic days, including clinicians, was about 430

people. The total number of procedures including registration, medical triage, blood pressure, glucose test, dental triage, X-rays, consultation, dental extraction and/or cleaning and/or fillings and chiropractic treatments was about 2200+ treatments. Overall free treatment value is estimated from \$500,000 to \$ 2 million depending on evaluation. I usually use \$500 as standard per treatment. This will result in \$ 1. 1 million.”

We look forward to a continued partnership as we care for the dental needs of those in our community.





Regen Family Picnic 2015



Christmas 2015 Staff and Police Picture



Regen Christmas 2015 Dinner



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Regeneration Outreach Community  
156 Main Street North  
Brampton, Ontario  
L6V 1N9

905-796-5888  
[info@regenbrampton.com](mailto:info@regenbrampton.com)

[www.regenbrampton.com](http://www.regenbrampton.com)